



**Maureen McKay**, author of the award-winning book **Optimistic Outcomes: What Every Parent Wants and Every Child Needs**, presents 1 to 2 hour workshops to parent groups. For more information, call 952-223-4525.

## **Parent Involvement/Resilience Presentation:**

### **Obstacles To Opportunities\*\***

Has your school faced adversity? Troubled times can lead to good things. Let your staff and parents hear the true story of how one family faced cancer, a heart attack, problems in a private school, problems in a public school, and being diagnosed with a learning difference—on their road to a happy ending.

## **Parenting Presentations:**

### **Groovy Gadgets\***

See many nifty, low-tech tools that can make homework time fun. Your child can be more on-task by learning new ways to tackle the same old homework. You might be surprised at the tools you already have in your junk-drawer!

### **Latching Onto Learning\***

Hear about learning styles (auditory, visual, and kinesthetic), I.Q., multiple intelligences, and mind-mapping. Discover ways to utilize your child's senses and gifts to help him/her latch onto and learn information at home or school.

### **Lifelong Life-Skills\*\***

What skills will your child need to have before they move out and live on their own someday? Find out what you can do in elementary and middle school to help your child achieve successful independence in the future.

### **Defeating The Doldrums\***

Students (and parents) can "run out of gas" when it comes to school. Learn strategies to keep yourself and your child motivated and excited about learning during the long winter months.

### **Tactics For Testing\*\***

Who becomes more anxious about testing—parents or students? We'll put testing in perspective and give you some simple strategies for your child to use while taking tests.

### **Successful Through Summer\***

Enjoy your summer; enjoy your kids. The fun of "nothing-to-do" wears off quickly. Learn some pointers for transitioning into the summer months. Hear ideas on finding balance and maintaining the structural support families need.

\*Suitable for parents/caregivers of elementary students

\*\*Suitable for parents/caregivers of elementary and middle school students